©GTG			Mt Diagot
2011	Mt Pisgah		
#		TOTAL	INSTRUCTION
	MIL	ES	
		0.0	Right out of Chamber Parking Lot
			No Instructions 1 through 6
7	0.45	0.5	Right at Light on Main St
8	0.13	0.6	Bear Left down hill on Broadway
9	0.17	0.8	Straight at Light
10	0.58	1.3	Bear Right on Old Lake Colby Rd
11	1.25	2.6	Right on Trudeau Rd
12	1.44	4.0	Curve Left down hill <b>CAUTION</b> Steep Downhill
13	0.24	4.3	Sharp Right at "T" on SR 3 CAUTION!
14	1.12	5.4	Left across bridge on Pine St
15	0.07	5.5	Left on Stevenson Ln
16	0.27	5.7	Left at "Stop" on Forest Hill Rd
17	1.18	6.9	Left at "Stop" on Forest Hill Rd
18	0.10	7.0	Right at "T" on Pine St
19	0.05	7.1	Left on Dugway
20	0.28	7.3	Left at Light on Church St
21	0.24	7.6	Left at Light on River St
22	0.21	7.8	Left into Chamber Lot

©GTG 2010	Raybrook & Mt Pisgah				
	150				
#	LEG MILES	TOTAL	INSTRUCTION		
		0.0	Left out of Chamber Parking Lot		
1	0.05	0.1	Right, staying on SR 86		
2	2.00	2.1	Right on Ray Brook Rd, CR 32, Adirondack Correctional Facility		
3	1.58	3.6	Left at "T" on SR 86		
4	0.18	3.8	Right on McKenzie Pond Rd, CR 33		
5	2.57	6.4	Left at "Stop" on River St		
6	0.11	6.5	Straight at "Stop" staying on River St		
7	0.50	7.0	Right at Light on Main St		
8	0.13	7.1	Bear Left down hill on Broadway		
9	0.17	7.3	Straight at Light		
10	0.58	7.9	Bear Right on Old Lake Colby Rd		
11	1.25	9.1	Right on Trudeau Rd		
12	1.43	10.6	Curve Left down hill <b>CAUTION</b> Steep Downhill		
13	0.24	10.8	Sharp Right at "T" on SR 3 CAUTION!		
14	1.13	11.9	Left across bridge on Pine St		
15	0.06	12.0	Left on Stevenson Ln		
16	0.28	12.3	Left at "Stop" on Forest Hill Rd		
17	1.17	13.4	Left at "Stop" on Forest Hill Rd		
18	0.11	13.5	Right at "T" on Pine St		
19	0.05	13.6	Left on Dugway		
20	0.27	13.9	Left at Light on Church St		
21	0.25	14.1	Left at Light on River St		
22	0.20	14.3	Left into Chamber Lot		

## **Ray Brook &** Mt Pisgah 8 or 14 miles 556 or 980 feet of climb

## Mount Pisgah

Saranac Lake's ponds and mountains are looped by this 8-mile ride. Ride through Saranac Lake historic downtown, then climb on easy slopes around Mt Pisgah, the local ski mountain.

Enjoy history with a ride past Robert Louis Stevenson cottage. Ride around Moody Pond, which is beautiful! (worth doing an extra 1-1/4 mile loop around). Come back later to hike Baker Mountain.

## Raybrook & Mount Pisgah

14 miles of Saranac Lake waters and views are seen on this ride. Ride along Lake Flower, with its wide, still water. Then bike past wetlands and on quiet Raybrook Rd.

Loop back to Saranac Lake, passing Lake Flower to the town hall and historic downtown & join the Mt Pisgah ride described above.



Map and Cue Sheet courtesy of

Gear-To-Go

Tandems

1 Dahinda Rd Saranac Lake, NY 12983 518-891-1869 www.GTGtandems.com